

Theoretical and practical course plan form - Ilam University of Medical Sciences

Faculty: Health Department: Public Health

Academic year: 1397-1396

Name and number of the course: Principles and generalities of health services

Field and degree: Continuing bachelor's degree in public health

Day and time: 2 Saturday 10-8 Venue: Class 111

Number and type of units: 2 theoretical units

Prerequisite courses: None

Instructor: Dr. Amin Mirzaei

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General purpose of the course: Familiarization of students with the general principles of health services in health care delivery systems

\* Specific or partial objectives of the course:

- 1- Students should define the concepts of health and public health.
- 2- Students should explain the dimensions of health.
- 3- Students should mention the factors affecting health and wellness.
- 4- Students should express the measurement indicators of different dimensions of health.
- 5- Students should explain prevention and types.
- 6- Students should mention the importance and important characteristics of health in different age periods.
- 7- Students should describe the process and methods of health education.
- 8- Students should express the importance and role of personal health and environment in promoting community health.
- 9- Students explain the principles and components of PHC.
- 10- Students describe the structure of the Iranian health care network system.
- 11- Students should state the health priorities of different regions of Iran.

\* Student duties: (Student homework during the semester): Regular attendance at class, observance of student affairs, participation in class discussions and questions and answers

\* Main lesson resources

- 1- Comprehensive book of public health: Hossein Hatami et al

2- Principles and generalities of health services: Baghani Moghaddam et al

3- Principles and generalities of health services: Timur Agha Mollai

\* Teaching methods: lectures, questions and answers, class discussions

\* Educational aids used: PowerPoint software with the help of laptop and video projector, whiteboard

\* Methods and time of assessment and evaluation of the student and the bar related to each value B: (Type of exams in terms of how to design a question - loading - time of exams and assignments should be mentioned)

Method	Score	Date	Time
Method Participate in class discussions and questions and answers	5	During semester	During semester
Final evaluation	15		

Introduction form of theoretical and practical courses - Ilam University of Medical Sciences

Session	Time	Topic	lecturer	Necessary preparation of students before starting
1	14-16	Definitions and concepts of health and disease and its dimensions and characteristics	Amin Mirzaei	Attention, presence of mind and readiness to learn the contents of the present session
2		Major factors affecting health are their measurement indicators		
3		Levels of disease prevention and their types		
4		Health and wellness in different age periods		
5		Maternal and child health		
6		Personal hygiene - oral health		
7		Environmental health and health		
8		Paradise education and health promotion		
9		Principles and components of primary health care (PHC)		

10		Structure and organization of Iran's health care delivery system		
11		Comparison of different health systems in the world with the Iranian health system		
12		International organizations providing health services		
13		Health priorities in different regions of Iran - Family physician		
14		Health priorities of different regions of Iran - referral system		
15		Health Priorities in Different Regions of Iran - Health System Transformation Plan		
16		Final evaluation		Study and earn Sufficient preparation for final evaluation